2025-2026 Project EMPOWER+Professional Learning Series

# Starting Strong: Effective Tier 1 Practices for Educators

# Session 1

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| **Date:** September 24, 2025  **Time:** 2:30-4:30 PM Pacific ▵ 4:30-6:30 PM Central ▵ 5:30-7:30 PM Eastern  **Location: Zoom**  Prepared and presented by members of the Ci3T Research Team: Elise Sarasin, M.S.E & Kathleen Lynne Lane, Ph.D., BCBA-D, CF-L2 |

**Audience**: This professional learning series is offered at no cost to preK-12 educators, administrators, related service providers, paraprofessionals, and parents/guardians interested in learning more about proactive, systematic methods of looking for students who might require additional assistance to experience success in school. Each session provides stand-alone information to build knowledge, skill sets, and confidence in developing structures and practices to meet students’ multiple academic, behavior, and social-emotional well-being needs effectively and efficiently within a Comprehensive, Integrated, Three-Tiered (Ci3T) Model of Prevention.

## AGENDA

* Welcome
* Understanding Tier 1
  + Academics
  + Behavior
  + Social and Emotional Well-being
* Getting Started with Tier 1
  + Procedures for Teaching
  + Procedures for Reinforcing
  + Procedures of Monitoring
* Wrapping Up and Moving Forward

## SESSION DESCRIPTION

We focus on Tier 1 strategies to start the year strong, including how to provide integrated instruction across academic, behavior (positive behavioral interventions and supports), and social and emotional well-being learning domains. We review procedures for teaching, reinforcing, and monitoring at Tier 1, using input from faculty and staff including treatment integrity (how well the plan is in place) and social validity (views about the plan’s goals, procedures, and outcomes). Learn how to begin the year headed toward sustainable, high-fidelity implementation of your schoolwide plan!

## Learning objectives

1. Identify educator roles and responsibilities in integrating academic, behavioral, and social-emotional well-being domains within a Ci3T model of prevention.
2. Describe how to teach, practice, and acknowledge expected prosocial behavior to maximize productive engagement.
3. Explain the purpose, process, and benefits of collecting treatment integrity and social validity data of Tier 1 practices.

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| Project EMPOWER Professional Learning Series Schedule  Location: Zoom  Attended by: District and school Ci3T Leadership Teams, teachers, administrators, related service providers, paraprofessionals, and parents/guardians | Time  2:30-4:30 PM Pacific  4:30-6:30 PM Central  5:30-7:30 PM Eastern  Date |
| 1. Starting Strong: Effective Tier 1 Practices for Educators | September 24, 2025 |
| 1. From Data to Action: Using Systematic Screening to Inform Instruction | October 8, 2025 |
| 1. Ci3T In Action: Integrated Lesson Planning for Enhanced Instruction | November 18, 2025 |
| 1. Mastering Behavior Specific Praise and Precorrection | January 21, 2026 |
| 1. A 6-Step Instructional Approach for Responding to Challenging Behaviors: A Tier 1 Practice | February 10, 2026 |
| 1. A Tier 2 Support for Students Experiencing Anxious Feelings: Recognize. Relax. Record. | March 25, 2026 |
| 1. A Tier 3 Support for Students with Intensive Intervention Needs: Functional Assessment-Based Intervention (FABI) | April 28, 2026 |

Visit [ci3t.org/pl](https://www.ci3t.org/pl) for more information on each session and to register.

## BCBA CEUs

Board Certified Behavior Analysts (BCBAs) attending this session may accrue up to 2 learning continuing education units (CEU). Please reach out to Stacie Williams ([stacie.w@ku.edu](mailto:stacie.w@ku.edu)) and Allison Bernard ([allison.bernard@ku.edu](mailto:allison.bernard@ku.edu)) with questions or for more information.

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| BCBA Task List (6th ed.) |
| G.1 Design and evaluate positive and negative reinforcement procedures. |
| H.6 Make data-based decisions about procedural integrity. |