Ci3T Project EMPOWER +



Professional Learning Series 2025-2026

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Audience: This professional learning series is offered at no charge to preK-12 educators, administrators, related service providers, paraprofessionals, and families interested in learning more about proactive, systematic methods of looking for and assisting students who might require additional assistance to experience success in school. Each session provides stand-alone information to build knowledge, skills, and confidence to implement effective practices to support students' multiple academic, behavioral, and social and emotional well-being learning needs in the context of a Comprehensive, Integrated, Three-tiered (Ci3T) Model of Prevention.



Register here or scan the QR code \rightarrow

In addition to registering with the Ci3T Research Team, check with your district's professional development management system to see if you can *also* register there to earn professional learning credits.

Expectations: Each online 2-hr session includes interactive whole-group instruction and small-group breakout discussion time. Please come prepared to engage with presenters and fellow educators via Zoom chat and working audio/video technology (e.g., able to have your webcam on, type in Zoom chat, join small-group discussions with microphone).

BCBAs: This professional learning series also covers behavior analytic content to meet requirements for Board Certified Behavior Analysts (BCBAs) seeking continuing education units (CEUs). Attendees must be present the entire 2-hr and meet expectations above to earn two (2) learning CEUs per session, at no cost.

Location: Zoom Cost: Free Learn more information about Ci3T: ci3t.org

Date	Session Description
September 24, 2025 2:30 – 4:30 PM (pacific) 4:30 – 6:30 PM (central) 5:30 – 7:30 PM (eastern)	Starting Strong: Effective Tier 1 Practices for Educators We focus on Tier 1 strategies to start the year strong, including how to provide integrated instruction across academic, behavior (positive behavioral interventions and supports), and social and emotional well-being learning domains. We review procedures for teaching, reinforcing, and monitoring at Tier 1, using input from faculty and staff including treatment integrity (how well the plan is in place) and social validity (views about the plan's goals, procedures, and outcomes). Learn how to begin the year headed toward sustainable, high-fidelity implementation of your schoolwide plan!
October 08, 2025 2:30 – 4:30 PM (pacific) 4:30 – 6:30 PM (central) 5:30 – 7:30 PM (eastern)	From Data to Action: Using Systematic Screening to Inform Instruction We describe how systematic academic and behavior screening occurs within tiered models of prevention to inform instruction for students and professional learning for adults. Learn how to use systematic screening data alongside other data collected as part of regular school practices to (a) inform instruction at Tier 1, (b) empower teachers with low-intensity strategies (e.g., instructional choice), and (c) connect students to validated Tier 2 (e.g., self-monitoring) and Tier 3 (e.g., functional assessment-based interventions) supports.
November 18, 2025 2:30 – 4:30 PM (pacific) 4:30 – 6:30 PM (central) 5:30 – 7:30 PM (eastern)	Ci3T in Action: Integrated Lesson Planning for Enhanced Instruction We introduce a practical tool—the Ci3T Integrated Lesson Plan—designed to support teachers in setting the stage for students to be productively engaged across academic, behavior, and social domains. We will move from planning to practice,

illustrating how to prepare clear objectives (academic, behavior, & social and emotional well-being learning domains) and how to weave seven low-intensity strategies (e.g., precorrection, instructional choice, active supervision, behavior specific praise) into instruction to maximize engagement and positive learning environments. We will provide resources to support use of the Ci3T Integrated Lesson Plan, including monitoring implementation, as well as other effective practices at Tier 1 and how you can share them broadly with your faculty and staff.

January 21, 2026

2:30 – 4:30 PM (pacific) 4:30 – 6:30 PM (central) 5:30 – 7:30 PM (eastern)

Mastering Behavior-Specific Praise and Precorrection

We provide step-by-step procedures for using behavior-specific praise and precorrection, as well as guidance on how to make sure these strategies are in place as designed (treatment integrity) with social validity (get feedback on goals, procedures, and outcomes). We illustrate how these strategies can be used at Tier 1, as a stand-alone Tier 2 intervention, as well as a component of a Tier 2 or Tier 3 intervention. We will provide a range of professional learning resources to support the immediate use of these low-intensity strategies and how you can share them to advance the learning of others supporting Ci3T implementation.

February 10, 2026

2:30 – 4:30 PM (pacific) 4:30 – 6:30 PM (central) 5:30 – 7:30 PM (eastern)

A 6-Step Instructional Approach for Responding to Challenging Behavior: A Tier 1 Practice

Even when we implement a range of strategies effectively to prevent challenging behavior, there will still be times when disruptions occur. We introduce a 6-step instructional approach for responding to challenging behavior designed for all adults who provide instruction to students. We describe each step in this practical, effective approach in detail with examples, non-examples, and tips for successful implementation. How you first respond can contribute to whether the behavior will escalate or de-escalate! We also provide connections to Tier 2 (e.g., self-monitoring) and Tier 3 (e.g., individualized de-escalation plan) resources.

March 25, 2026

2:30 – 4:30 PM (pacific) 4:30 – 6:30 PM (central) 5:30 – 7:30 PM (eastern)

A Tier 2 Support for Students Experiencing Anxious Feelings: Recognize. Relax. Record.

We provide step-by-step procedures for implementing a small group Tier 2 intervention—Recognize. Relax. Record.—which involves three key components: (a) helping students identify their anxious feelings and worries, (b) teaching students relaxation techniques to manage their feelings, and (c) encouraging students to self-monitor their experiences and goal progress. You will learn how to make sure the intervention is in place as designed (treatment integrity) and how to get feedback on goals, procedures, and outcomes (social validity). We illustrate how to use systematic screening data to engage in data-informed decision-making efforts to detect students who might benefit from this Tier 2 intervention, and share resources.

April 28, 2026

2:30 – 4:30 PM (pacific) 4:30 – 6:30 PM (central) 5:30 – 7:30 PM (eastern)

A Tier 3 Support for Students with Intensive Intervention Needs: Functional Assessment-Based Intervention

We provide step-by-step procedures for conducting a functional assessment-based intervention (FABI), a validated Tier 3 support, as well as how to make sure the intervention is in place as designed (treatment integrity) and get feedback on goals, procedures, and outcomes (social validity). We explain the FABI 5-step process:

- 1. Identifying Students Who May Need a Functional Assessment-Based Intervention
- 2. Conducting the Functional Assessment
- 3. Collecting Baseline Data
- 4. Designing the Functional Assessment-Based Intervention
- 5. Testing the Intervention

We will also provide resources for common components of FABI (e.g., antecedent adjustments, low-intensity strategies as part of the intervention package) to support FABI team members who will help design and implement the intervention.