### Strategies for Classroom and Behavior Management

September 27, 2023 Nur Islamic School of Louisville



Comprehensive, Integrated, Three-Tiered Model of Prevention

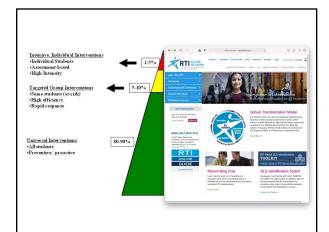
David J Royer, PhD, BCBA & University of Louisville

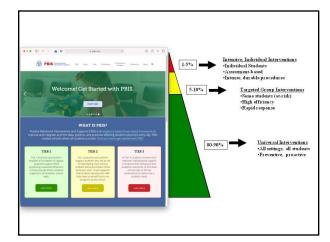
### Agenda

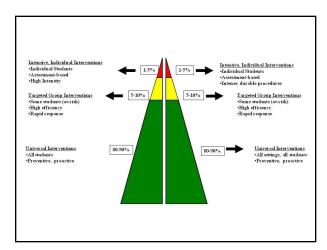
- Comprehensive, integrated, three-tiered (Ci3T) model of prevention Classroom management
- - Classroom climate
- Physical arrangementPositive approach to discipline
- Routines and procedures Managing paperwork
- Instructional delivery for behavior management

  - Student engagement and motivation
    The four Cs: Control, challenge, curiosity, contextualization
  - Instructional models
  - Differentiating content, process, and product
- Proactive techniques
   Preventing challenging behavior
- Classroom environment
- Low-intensity strategies
- Wrap up

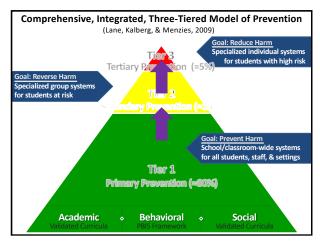
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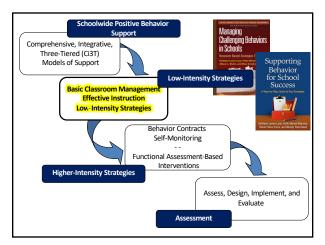


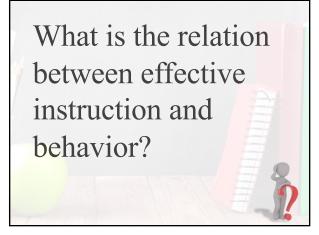




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### Teacher-Level Considerations

- 1. Classroom management
- 2. Instructional delivery for behavior management
- 3. Low-intensity strategies





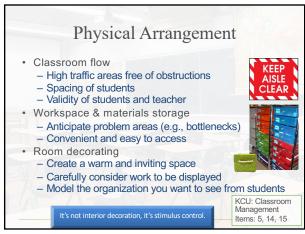
## Essential Components of Classroom Management

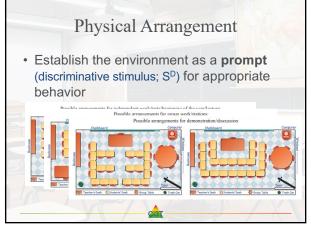
- · Classroom climate
- · Physical room arrangement
- · Positive approach to discipline
- · Routines and procedures
- Managing paperwork



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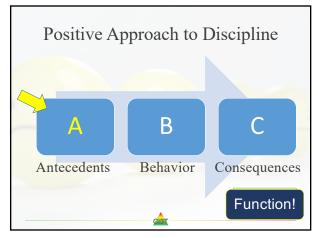
## Classroom Climate Classrooms that foster prosocial behaviors have an energetic feel with students actively participating respectful peer and student-teacher interactions teachers who treat each student with kindness and patience KCU: Classroom Management Items: 2, 12, 13

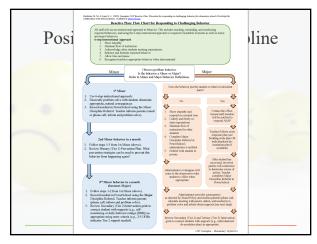




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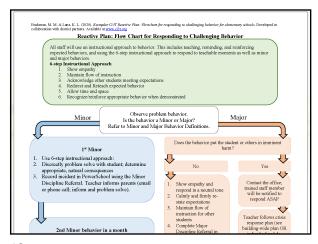
## Positive Approach to Discipline • Effective discipline plans are — grounded in evidence-based practices — proactive and positive • allows teachers to devote a maximum amount of time to instruction — implemented using clear expectations and an instructional approach to behavior KCU: Classroom Management Items 3, 9, 11

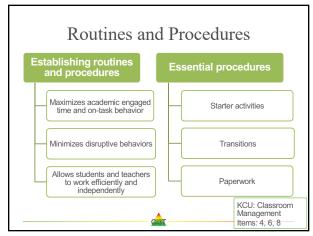




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# Positive Approach to Discipline ackman, M. M. & Lane, K. L. (2020). Exemplar C3T Reactive Plan: Flowchart for responding to challenging behalloboration with district partners. Available at <a href="https://www.ci3t.org">www.ci3t.org</a> Reactive Plan: Flow Chart for Responding to Challeng All staff will use an instructional approach to behavior. This includes teaching, remi expected behaviors, and using the 6-step instructional approach to respond to teacha and major behaviors. 6-step Instructional Approach 1. Show empathy 2. Maintain flow of instruction 3. Acknowledge other students meeting expectations 4. Redirect and Reteach expected behavior 5. Allow time and space 6. Recognize/reinforce appropriate behavior when demonstrated Observe problem behavior. Minor Minor





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## Routines and Procedures • Teaching and modeling – Define the procedure – Model the procedure to students – Provide opportunities to practice – Precorrect / prompt students to display behavior – Reinforce students who display behavior • Behavior-specific praise – Follow-up / reteach

Items: 4, 6, 8

### Managing Paperwork

- · Collection and distribution
  - Establish efficient procedures to unobtrusively manage paperwork
  - Have a space to turn in classwork: cubbies, file folders
- Grading
  - Consider types of feedback: self- and peer evaluation, rubrics
- · Administrative

Develop routines and an organizational system

KCU: Classroom Management Items: 7

Allows more focus on student engagement and monitoring

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## Essential Components of Classroom Management

- · Classroom climate
- · Physical arrangement
- · Positive approach to discipline
- · Routines and procedures
- Managing paperwork





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Comprehensive, Integrated, Three-Tiered Model of Prevention

Teacher-level consideration no. 2

### INSTRUCTIONAL DELIVERY FOR BEHAVIOR MANAGEMENT

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## Instructional Delivery for Behavior Management

- · Student engagement and motivation
- The 4 Cs
  - control, challenge, curiosity, contextualization
- · Instructional models
- · Differentiating content, process, product





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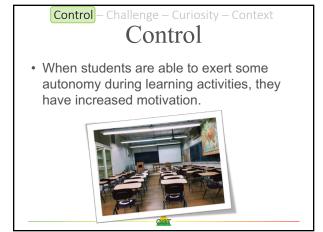
### How motivating is your classroom?

- Consider offer students some choice in how they approach a task
  - Can they choose one activity over another?
  - Can they decide what order to complete tasks?
  - Do they have opportunities to choose what they read or write about?
  - Do they get to study areas of interest in depth?

When students are engaged in their work they have less opportunity and less need to engage in undesirable behaviors.

# The 4 Cs Control Challenge Curiosity Contextualization \* Elements of instruction that promote intrinsic motivation \* Contextualization \* CU: Low-Intensity Strategies Items: 1, 2, 3, 4

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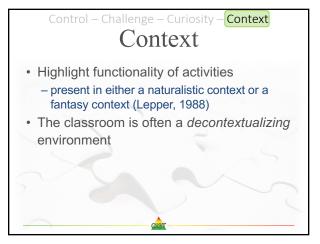


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## Challenge - Curiosity - Context Challenge Principle of optimal challenge (Stipek, 1993) - desire for tasks that are new or moderately difficult Uncertainty about success (Lepper, 1988) - but with performance feedback to maintain interest

## Curiosity Highlight inconsistency or incompleteness of a student's knowledge to prompt curiosity (Lepper, 1988) "You seem to know a lot about this, but have you considered...?" Make the topic or activity pertinent or relevant for students Be prepared to answer questions like, "When am I ever going to use this?" Start lessons with thought provoking questions (Stipek, 1993) Provide background knowledge and encourage students to ask questions

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### **Instructional Models**

## Use a variety of instructional models

- Explicit instruction
- · Cooperative learning
- · Strategy instruction

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### Strategies Instruction

- Allows students to monitor their own learning and promotes independence
  - decreases wait time for teacher assistance
  - increases engagement
- Teach through explicit instruction
  - Step-by-step instruction
  - Modeling
  - Guided practice
  - Memorize the strategy
  - Independent practice
  - Fluency with application of strategy

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### Self-Regulated Strategy Development

· Stages:

- Develop background knowledge
- Discuss it
- Model it
- Memorize it
- Support it
- Independent performance



https://iris.peabody.vanderbilt.edu/module/srs/

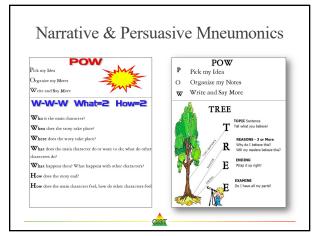
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### Strategies

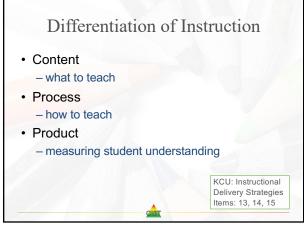
Use self-regulated strategy development (SRSD) to teach writing strategies

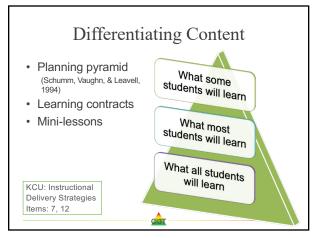
- Narrative
  - POW+WWW What=2 How=2
- Persuasive
  - POW+TREE
- Expository
  - POW+TIDE, POWER

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### **Differentiating Process**

- Simultaneous
  - Providing several activity options available at the same time for students
- Sequential
  - All students are involved in the same activity, but more than one is planned so all students experience several ways of processing the content

(Tomlinson, 2005; Tomlinson & McTighe, 2006)

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### **Differentiating Process**

- Cooperative learning groups
- · Computer assisted instruction
- · Learning centers
- · Writing activities
- · Graphic organizers



### **Differentiating Product**

- · Research paper
- Experiment
- Brochure
- Simulation
- Painting/drawing
- Musical performance
- · Dance performance
- Boardgame

- PowerPoint
- · Theater production
- · Readers' theater
- Models
- Demonstration
- Essay
- Video
- Podcast



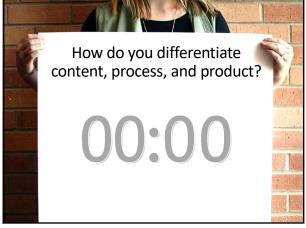
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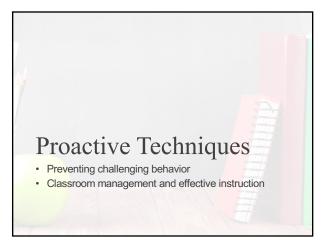
## Instructional Delivery for Behavior Management

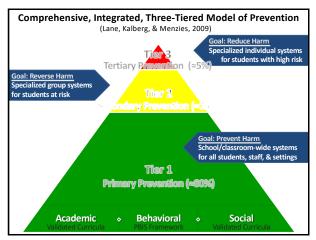
- · Student engagement and motivation
- The 4 Cs
  - control, challenge, curiosity, contextualization
- · Instructional models
- · Differentiating content, process, product



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### **Primary Prevention**

- All students in a school receive primary prevention
- Strong academic, behavioral, and social skills instructional programs
- Explicit teaching and consistent reinforcement of behavioral expectations
- Proactive approach to discipline: Provide universal supports to prevent undesirable outcomes in academic, behavior, and social domains (Lane, Robertson, & Graham-Bailey, 2006)
- For approximately 80-90% of the student body, this is likely to suffice

(Horner & Sugai, 2015)



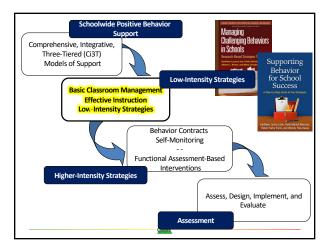
### **Proactive Techniques**

- · Classroom climate
- · Physical arrangement
- · Routines and procedures
- · Managing paperwork
- 4 Cs of motivation
- · Variety of instructional models
- Differentiation of content, process, and product



Considerations 1
Classroom Management and Instructional Delivery

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### Low-Intensity Strategies

- · Proactive, preventative
- Help students avoid inappropriate behaviors
- Teachers create opportunities for positive student responses
- Avert problem situations before they occur



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### Low-Intensity Strategies

- · Active supervision
- Proximity
- Overlappingness and with-it-ness
- Pacing
- · Appropriate use of praise
- · Opportunities to respond
- · Instructional feedback
- · Instructional choice



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### Active Supervision

- Includes scanning, escorting, and interacting with students.
  - instructional time in the classroom, major transitions, recess, special events
- Use in conjunction with precorrection
  - "Students, remember to keep hands and feet to yourself and walk quietly on the right side of the hall on our way to lunch."

Consistent use of these strategies results in a decrease of inappropriate behaviors and an increase in prosocial behaviors that lead to improved academic engagement time and more positive social relationships with adults and peers (Colvin et al., 1997; De Pry & Sugai, 2002).

### **Proximity**

KCU: Low-Intensity Strategies Item: 7

- Moving closer to a student who is off task or who appears to be having difficulty staying focused
- Effective means of prompting a student to engage in appropriate behavior
- Quick, efficient way to remind a student to stay on task

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### Overlappingness

- Ability to attend to more than one classroom event at a time
  - Ex: paying attention to reading group students while simultaneously noticing and redirecting a disruptive student in another part of the room
- When students think the teacher is focused on one thing and unaware of the rest of the class, a lack of with-it-ness is signaled.

KCU: Low-Intensity Strategies Item: 8

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### With-it-ness

- Being aware of what is going on and in control of the entire classroom
  - Non-example (not with-it): Addressing a minor behavior (talking) and not noticing a more serious one (throwing something).
- Teachers with high levels of with-it-ness have classrooms with significantly lower rates of student misbehavior and higher rates of student engagement (Kounin et al., 1966)

KCU: Low-Intensity Strategies Item: 9

### Pacing

- Moving through a lesson with appropriate momentum facilitates student involvement (Englert, 1984; Miller 2009)
- Generally, lessons which are quickly paced help students stay on task



KCU: Low-Intensity Strategies Item: 10

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### Appropriate Use of Praise

- Students value teacher recognition and appreciate teacher feedback that acknowledges their hard work and compliance
- Praise should be specific and provided in response to a particular action
- Praise malleable factors under student control
  - effort over ability

KCU: Low-Intensity Strategies Item: 11

Praise is a highly effective strategy for shaping student behavior, and ca positively affect both academic and social behavior (Sutherland, 2000).

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### Behavior-Specific Praise Examples

- "Bob, great job showing your work on your math homework."
- "I appreciate how you pushed in your chair on the way to line up for lunch. That keeps the walkways safe."



### Opportunities to Respond

- A high number of opportunities to answer or interact with information
  - promotes good behavior
  - increases engagement
  - improves academic outcomes
  - decreases disruptive behavior
    - even with students who have the most resistant behavior problems
- Responses can be verbal, written, a signal, or choral

KCU: Low-Intensity Strategies Item: 12

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### Instructional Feedback

- Providing information about student responses in a positive, supportive manner
  - Finding something to genuinely praise first
  - Then clarifying a misunderstanding
  - Redirecting to a strategy
- Respond to questions with new information, or emphasize already learned concepts
- Teach more in the same amount of time

KCU: Low-Intensity Strategies Item: 13

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### What is instructional choice?

- · Instructional Choice
  - "...opportunities to make choices means that the student is provided with two or more options, is allowed to independently select an option, and is provided with the selected option" (Jolivette, Stichter, & McCormick, 2002, p. 28).
- Types of instructional choices (Rispoli et al., 2013)
  - Across-activity choices
  - Within-activity choices





### Examples of instructional choice

### **Across-activities Choices**

- Paper, presentation, or YouTube video to show me what you know?
- Which activity would you like to do first?
- · Pick a learning center?
- Make your schedule for the day.
- · Think-Tac-Toe Boards

### Within-activity Choices

- Crayons or sparkly markers?
- At your desk or in the library?
- In the reading corner or at your desk?
- Work independently or with a partner?
- Which book would you like to read?
- · Finish in class or at home?
- · Typed or handwritten?
- · Even or odds?



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### Why is instructional choice effective?

- Easy
- · Little time
- · Offers students control
- Promotes decision making and other self-determined behaviors



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## What does the supporting research for instructional choice say?

- Increasing engagement and decreasing disruption in elementary self-contained classrooms (Dunlap et al., 1994)
- Increasing time on-task, task completion, and accuracy in residential facilities (Ramsey, Jolivette, Patterson,& Kennedy, 2010)
- Increasing task engagement and improving academic performance in an inclusive setting (Skerbetz & Kostweicz, 2013)



## What are the benefits & challenges?

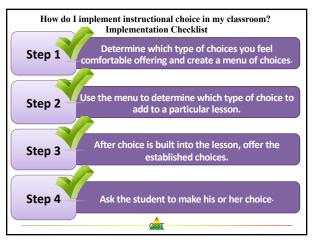
### **Benefits**

- feasible, does not require excessive preparation, is easy to implement, and supports content instruction (Kern & State, 2008; Morgan, 2006; Ramsey et al., 2010).
- teaches self-determined behaviors

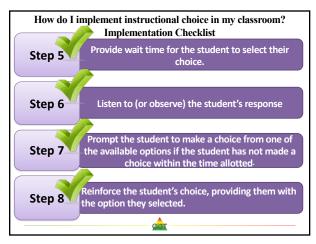
### Challenges

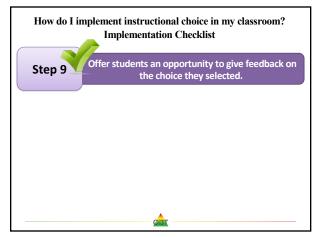
- challenges in preparing independent tasks for the time provided
- important to think about procedures for collecting and evaluating different types of assignments

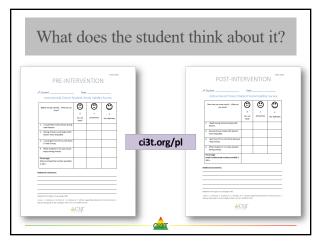
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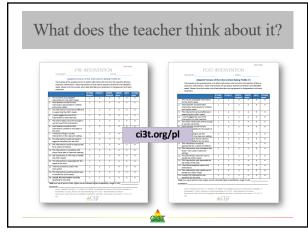
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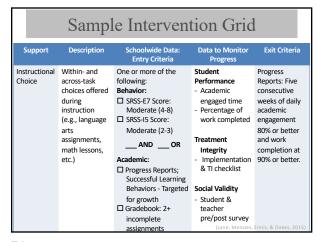






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### Low-Intensity Strategies

- · Proactive, preventative
- Help students avoid inappropriate behaviors
- Teachers create opportunities for positive student responses
- Avert problem situations before they occur
   ...rather than imposing a consequence after



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### Conclusion

- Classroom management strategies effective in maintaining a positive climate and student engagement include:
  - Classroom climate, physical arrangement, a proactive approach to discipline, and managing paperwork
- Effective instructional delivery is behavior manaagment
  - The 4 Cs of motivation (control, challenge, curiosity, contextualization), variety of instructional models, differentiate content process product
- Low-intensity strategies are a proactive approach to behavior management:
  - Active supervision, proximity, overlappingness and with-it-ness, pacing, praise, opportunities to respond, instructional feedback, and instructional choice
- When low-intensity strategies are used within a well-managed classroom with engaging instruction, most behavior problems will be prevented
  - Students who still display challenging behaviors despite application of these strategies will require more intensive interventions

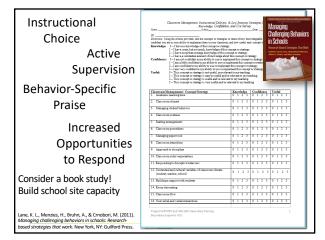
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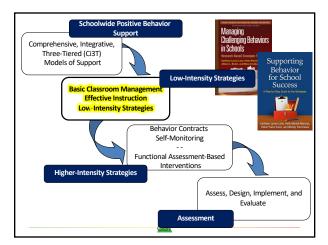
### A Need for Professional Learning

- On-going, data-informed professional learning
- Orderly, purposeful environments:
  - Foster learning
  - Facilitate increased on-task behavior
  - Promote student success
  - Promote teacher self-efficacy and job satisfaction

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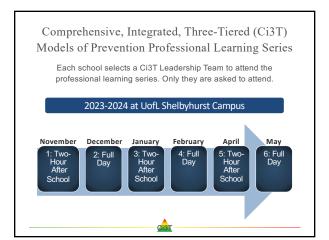


### Recommendations to Consider

- 1. Build stakeholders' expertise
- 2. Develop the structures to sustain and improve practices
- 3. Conduct screenings in a responsible fashion fall, winter, spring
- 4. Adopt classroom management strategies in your classroom and schoolwide
- 5. Implement low-intensity strategies in your classroom and schoolwide



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