Identify the setting or activity that would benefit most from active supervision.

Ensure that your child understands the routines and expectations for the setting or activity. If not, routines and expectations must be established.

Remind your child to get started with the next part of their day (e.g., transition) or to begin an activity.

As the activity unfolds, look around and monitor your child’s behavior.

Use proximity, verbal cues, and other non-verbal communication to let your child know you are paying attention to what they are doing.

If a problem comes up, talk with your child privately, in a non-emotional way, and give opportunities for positive interactions between you and your child.

At different times throughout the activity, and at the end of the activity, praise your child’s desirable behavior with positive comments and gestures.

Provide your child with an opportunity to give feedback.

For additional resources for families, please visit ci3t.org/covid