

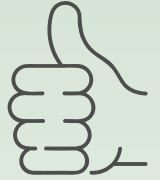


USING BEHAVIOR-SPECIFIC PRAISE AT HOME

A Step-by-Step Guide for Families

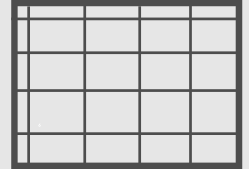
1

Reflect on your current use of general “good job” and behavior specific praise “I see that you cleaned your room today!”



2

Identify the behaviors you would like your child to do more of in the future.



3

Practice giving behavior specific praise.



4

Notice your child’s behavior throughout the day.



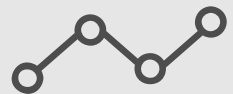
5

Provide behavior specific praise when you notice desired behavior.



6

Make a mental note of how often you are giving behavior specific praise throughout the day.



7

Ask your child what they think about receiving behavior specific praise from you.



For additional resources for families, please visit ci3t.org/covid

