High-Probability Request Sequences

The strategy of high-probability request sequences, or high-\(p\), is implemented by a teacher or parent to increase the likelihood that a student complies with a request for desired behavior that's currently at a low level of compliance, such as beginning an assignment in class or eating an undesired food at dinnertime. The strategy follows a step-by-step procedure in a rapid succession. First, the adult requests behaviors that the student is likely to respond to, then provides reinforcement for the appropriate responding, and then that's followed by the low probability behavioral request. The high-\(p\) strategy takes advantage of behavioral momentum and can be used to support a range of behaviors that support academic and social learning in the classroom and at home. In these materials, you will learn more about the high-\(p\) strategies, why it is effective, the research supporting the use of high-\(p\), the benefits and challenges, and how to evaluate treatment integrity as well as social validity.