Template:

Individualized De-escalation Support Plan

# **Student:** **Date:**

# **Teacher:** **Grade**:

# **Staff present**:

|  |  |  |
| --- | --- | --- |
|  | **Assessment** (student characteristics) | **Strategies** (specific adult responses) |
| CALM |  |  |
| TRIGGERS |  |  |
| AGITATION |  |  |
| ACCELERATION |  |  |
| PEAK |  |  |
| DE-ESCALATION |  |  |
| RECOVERY |  |  |



Intensity

Time